Eppler Express



Monday October 27		Thursday, October 30		
•	Chess Club, 2:50—3:50 pm, Room 19	Homework Club, 2:55—3:55 pm, Media Center		
•	College Gear Monday	 Magic : The Gathering in Room 126, 2:50 – 3:45 PM 	1	
•	OK2SAY Presentation ALL 7th Grade Classes 9:10 am	120, 2.00 0.101 W		
•	7/8 Volleyball League Tournament @ Davis, 3:30 pm			
•	StuCo BooGram Sales During All Lunches			
Tu	esday, October 28	Friday, October 31		
•	Homework Club, 2:55—3:55 pm, Media Center	AVID Bagel Sales, 2nd hour		
•	MST Presentation to 8th Grade Cafeteria 8:10 – 8:40 am, 9:10 – 9:40 am	First Marking Period EndsHalloween Spirit Day		
•	UAIS Presentation to 8th Grade Cafeteria 1:00 – 1:30 pm, 2:00 – 2:30 pm	Happy Halloween		
•	7/8 Football @ Davis 3:30 pm			
W	ednesday, October 29	Saturday, November 1		
•	7/8 Volleyball League Tournament @ Malow 3:30 pm	None.		
	mont w malow 0.00 pm	Sunday, November 2		
		None.		





What's Inside:

What's Happening this Week at Eppler Upcoming Activities

Additional Information:

- School News & Information
- Sports Information
- Clubs & Organizations
- District News
- Educational Camps/Enrichment / Activities/Community Ed
- In Case You Missed It
- Power School
- Reward Programs
- Early Dismissals/Attendance.

Important Websites and Resources:

- Counseling Information
- UHS Athletics Boosters
- Eppler Website
- Eppler Express
- PaySchools
- Student Handbook
- UCS District Website
- Report Bullying
- PowerSchool Portal / Information
- UCS District Calendar
- UCS Tech Talk

Upcoming Activities	<u>Back to Menu</u>		
Monday, November 3	Thursday, November 6		
Chess Club, 2:50—3:50 pm, Room 19	Homework Club, 2:55—3:55 pm, Media Center		
College Gear Monday	Magic : The Gathering in Room 126, 2:50 – 3:45 PM		
	CSI Presentation to 8th Grade Media Center 8:10 - 8:40 am, 9:10 - 9:40 am		
Tuesday, November 4	Friday, November 7		
Election Day NO STUDENTS – Full Day DPPD – Online	AVID Bagel Sales, 2nd hour		
Wednesday, November 5	Saturday, November 8		
MADE Presentation to 8th Grade Media Center 8:10 - 8:40 am, 9:10 - 9:40 am	Saturday School Media Center 9:00 am – 12:00 pm		
UHHS Presentation to 8th Grade Media Center 1:00	Sunday, November 9		
– 1:30 pm, 2:00 – 2:30 pm	None.		

Click here to view the 2025-2026 District Calendar

2025—2026 School Calendar Update



The complete 2025-26 UCS Calendar is now available. Follow the below link to see important dates for the remainder of this year. Please note: October 31 – Halloween – is the end of the first quarter and will be a half-day for elementary students.

https://www.uticak12.org/Page/2#calendar1/20251015/month

Vision and Mission Statements

Our Vision Statement: Eppler Junior High School will empower students to achieve their full potential and become productive contributors in a diverse society.

Eppler Junior High School Mission Statement: Parents, students, teachers, and administrators will collaborate as a community to foster a safe and respectful learning environment that will promote independent critical thinking and problem solving.

WHAT'S NEXT FOR UCS?

PROJECT PROPOSALS FOR EPPLER JUNIOR HIGH SCHOOL



SAFETY

SUCCESS

PHASE 1: Projects in this phase will be scheduled for summer 2024 through 2026

- Create additional layers of security to limit access for exterior entry points at main entrance and corridors, such as shatter-resistant glass
- Replace drinking fountains with water bottle filling stations
- Modernize school sign with digital technology

PHASES 2-5

- · Upgrade network infrastructure
- Upgrade security systems (cameras and access control)
- · Improve the track and bleachers
- Improve exterior façade and landscaping
- Upgrade the gym's lighting and audio system
- · Improve the media center
- · Renovate restrooms
- Upgrade power systems
- Upgrade interior and exterior lighting systems
- Purchase instructional technology equipment for classrooms
- Purchase computers for students and staff
- · Purchase classroom furniture
- · Purchase media center furniture

PROJECTS IN PROCESS/COMPLETED

- Replace interior door hardware to integrate improved locking system based on industry-level safety standards*
- · Replace public address system*
- · Upgrade HVAC system*

^{*}Funded by 2018 bond issue







UTICA COMMUNITY SCHOOLS

WWW.UTICAK12.ORG/SAFETYANDSUCCESS

NEW Eppler Information

Freshmen Class Trip Opportunities



We are planning potential freshman trips for May or June and welcome interest from families. Option one is a four-day trip to Washington, D.C., estimated at \$900–\$1,100. Option two is a two-day trip to Chicago, estimated at \$630.

Please note this is not a UCS-sponsored event, and all costs would be the responsibility of participating students. For additional information or to express interest, contact **Amy Ghattas** at aghattas01@gmail.com

Chieftain Cross Country



On Saturday morning at Dakota HS was our final team meet of the 2025 season.

The girls started off the day with the team best finish ever led by Claire Cubitt became the first female on the team to medal two years in a row at the regional meet. She is also the first boy or girl on the team to medal every single race she ran in the last two years. Naomi Brown, Adalynn Mrak(PR), Isabella Suratt(PR) and Navya Hariharan ran their best to help place the team at 12th place.

The boys also came to show what they had. Nicky Lount(PR), Bennett Roeske(PR), Rudy Roeske, Austin Tow, Charlie Nowicki, Marco Vittorini and Liam Alter (PR) ran their hearts out in the varsity race and placed 8th overall giving the team their best team finish in the history of the program.

We also had quite an exciting race in the JV boys where two of our three runners ran their personal best and Marco Ristau place 15th and earning a medal followed by AJ Palczewski and Isaak McCullough.

A huge thank you to our friends at Leo's Coney Island at Hall and Mound and our neighborhood Applebee's at Hall and the M-53 Expressway. Our teachers were treated to Greek Salad donated by the Leo's Coney Island, and Fiesta Lime Chicken, Rice, and Breadsticks donated by the Applebee's at Hall Road and the M-53 Expressway.



Thank you for your support!







BooGrams



Stu Co is doing a Boo Gram Fundraiser



Boo Grams

SEND A HALLOWEEN TREAT TO A SPECIAL BOO, FRIEND, OR STAFF MEMBER

On Sale ALL Lunches
October 23, 24, and 27
\$2.00 each - no limit
(Delivered on October 31)









Halloween RULES



Friday, October 31st, is Halloween. Students are permitted to dress up for Halloween but **MUST** understand that **ALL** school dress code still applies. Clothing must not reveal undergarments or private areas. **NO** masks or face paint will be permitted. **NO** fake weapons or fake blood will be permitted. Any costumes representing alcohol or drugs will not be permitted. Let's have fun! ... but please enjoy the day appropriately.





Let's talk about

PINK OUT







On October 14 & 15, Eppler staff and students participated in Breast Cancer Awareness PINK OUT days. At lunch, Student Council sold pink bracelets and raised \$156.00. The funds will be donated to the Shades of Pink Foundation, a group who gives financial assistance to those undergoing breast cancer treatment in Southeast Michigan.

2025-2026 EPPLER JUNIOR HIGH SCHOOL YEARBOOK



ONE ICONIC YEARBOOK.

NOW \$40.00





TO ORDER:

- Scan the QR Code
- jostens.com/btsoffer
- 1 (877) 767-5217

YEARBOOK	\$40.00
SIGNATURE PACKAGE Includes: Yearbook, Enhanced Personalization, Autograph Pens, Autograph Section	\$59.00
ENHANCED PERSONALIZATION	\$9.00
ICONS	FREE!
AUTOGRAPH SECTION	\$5.00
PHOTO POCKETS	\$5.00
DONATE A YEARBOOK	\$40.00
CLEAR PROTECTIVE COVER	\$5.00

SCORE FOUR FREE ICONS

WHEN YOU PERSONALIZE YOUR COVER





Share your student's photos with the yearbook staff to be featured in the yearbook more.





Open your phone camera and scan this code.

r phone's

2 Upload your favorit
photos from the ye

Tag students for the yearbook sta

Or visit photos.jostens.com/upload

Add to the Yearbook!!

UPLOAD PHOTOS TODAY



BE IN THE YEARBOOK

MORE.



Parent Notification & Opt-Out Form

Dear 7th Grade Parent or Guardian:

Our school will be hosting a presentation on OK2SAY – Michigan's student safety program for our 7th grade students on October 27, 2025, during 2nd hour.

The program is designed to inform students how they can help make their school and community safer by reporting dangerous and concerning behaviors to a trusted adult or OK2SAY.

Students in 4th – 5th grade learn about the OK2SAY student safety program, including how the tipline works. Students are encouraged to always talk to a trusted adult when they see or hear about something that makes them feel worried or unsafe. Students also learn essential tips and strategies for being safe online and off. The presentation emphasizes the difference between "tattling" and "reporting" and helps distinguish between rude, mean, and bullying behavior. Students will learn effective responses to bullying and cyberbullying and recognize techniques used by internet predators, so they are prepared to protect themselves from online harm. Please take a moment to review the videos featured in the presentation.

Students in 6th – 8th grade learn about the program's purpose and how the tipline operates, including what incidents can be reported, how to submit a tip, and the actions taken after a tip is received. Students are encouraged to examine their behaviors and make smart and thoughtful decisions both online and off. The presentation discusses many issues that impact middle school students including bullying, cyberbullying, mental health issues, self-harm, suicide thoughts, sexting/sextortion, types of abuse, the predator threat, and threats of violence. Throughout the presentation, students are encouraged to stand up for themselves and their peers and always to be mindful of the power of their words. Please take a moment to review the videos featured in the presentation.

Additional information and resources are available at OK2SAY (ok2say.com).

If you do **NOT** want your child to participate, have your student return the bottom of this sheet to the Counseling Office no later than Tuesday, October 21.

Sincerely,

Jerry Pantano, Principal

I, (parent/guardian name) _______, do NOT want my child, (student name) _______ to participate in the OK2SAY Student Safety Presentation.

Parent/Guardian Signature Date

Eppler Junior High School

CELL PHONE/DEVICE POLICY

Throughout Entire Building At All Times, Including Before and After School

NO Pictures

NO Phone Calls

NO Texting

NO Social Media

***This includes Tik Tok, Snapchat, Instagram, Facebook, and ALL others

During School Hours

Cell Phones/Electronic Devices/Earbuds/Headphones
CAN NOT be displayed or used anywhere in school without permission.

Cell Phones/Electronic Devices/Earbuds/Headphones ARE NOT allowed in the lunchroom.

If you are found breaking Cell Phone/Device policy, your phone/device will be confiscated and brought to main office.

1st time 2nd time 3rd time 4th time 5th / + times

Taken to Office

Phone call home. Student picks up phone from office, end of day. Taken to Office

Parent Must Pick Up Phone Taken to Office

Parent Must Pick Up Phone. After School Detention Taken to Office

Parent Must Pick Up Phone

Saturday School

Taken to Office.

Parent Pick Up Phone.

Phone banned from School.

Suspension

NOTE: Eppler Junior High and UCS assume NO responsibility for theft, loss or damage of your device.

The student assumes full responsibility and brings the device at their own risk.

Student/Parent Handbook

On September 3, 2025, we met with 7th, 8th, and 9th grade students to address the 2025-2026 Student and Parent Handbook. Below you will find a few key points that we went over with all the students. Everything that we addressed can be found in the UCS 2025-2026 Parent and Student Handbook.

A few key points:

- -Students must have a pass when they leave the classroom.
- -Students must have their IDs on and visible. (September 11, is picture make up day, everyone should have an ID after the 11th)
- Cell phones should not be used during instruction, lunch, or passing time. (Teacher discretion if cell phones needed for educations purposes) this includes earbuds and headphones.
- -Big backpacks are not allowed in the classroom. (Especially 1st and 6th hour) Students need to be using their lockers and string backpacks.
- -No food or drinks in the classroom or hallways. (water is allowed)
- -Attendance-Regular attendance, being on time, and active participation in class contribute to student success. "Excessive absences" is defined as more than 10 in a semester. Please review the Attendance policy with your student.
- -Dress code (Students' dress must not disrupt the educational process, interfere with the maintenance of a positive teaching/learning climate, or compromise reasonable standards of health, safety, and decency)



2025—2026 Attendance Information

Regular attendance and active participation in class are integral parts of a student's total education. Students can achieve educational benefits only through regular class attendance and a serious commitment to an educational program.

During the 2025-2026 school year Eppler Administration will be sending text messages and emails to parents/ guardians about their student's attendance. Messages and emails may have a number or email address that you do not recognize. If the messages are about attendance and mention your student, it was sent to you by Eppler Administration.

Together, we know that strong attendance leads to stronger learning. When schools and families partner to make daily attendance a priority, students are better prepared to succeed—both in the classroom and beyond.





EPPLER JUNIOR HIGH SCHOOL DAILY SCHEDULE

1ST HOUR 7:55 - 8:53 AM

2ND HOUR 8:59 -9:55 AM

3RD HOUR 10:01 - 10:57 AM

4TH HOUR 11:03 - 12:42 PM

A Lunch 11:03 – 11:34 Lunch

11:40 - 12:42 Class

B Lunch 11:03 – 11:34 Class

11:40 - 12:05 Lunch

12:11 - 12:42 Class

C Lunch 11:03 - 12:05 Class

12:11 - 12:42 Lunch

5TH HOUR 12:48 - 1:44 PM

6TH HOUR 1:50 – 2:46 PM

Doors will open at 7:30 am for breakfast. First bell rings at 7:45 AM.

EXAM DAY SCHEDULE

1<u>ST EXAM</u> 7:55 – 9:23 AM 2ND EXAM 9:29 – 10:57 AM

BE PROMPT!



expectations for 2025-2026



Students will NO LONGER be able to carry their large backpacks during the school day from class to class. Backpacks have become a safety issue in both our hallways and classrooms. Large backpacks MUST remain in student lockers during the school day.



Students may carry a drawstring tote. These hold a maximum of two books and/or the student's assigned laptop, and can hang on the back of student chairs. Nylon drawstring totes will be available for purchase in The Chieftain Corner Store, or can be purchased at local retailers.



EVERY student must WEAR his or <u>her</u> student ID while on school grounds.

- · Student IDs must be worn and visible at all times.
- Student ID must be presented to any school staff member or person of authority upon request.
- The front and back of the ID cannot be altered. Defacing or altering the student ID is prohibited.
- · Wearing another student's ID card is prohibited.
- · Lost, stolen, altered, damaged, and/or defaced ID cards must be replaced immediately.

Students who fail to adhere to the above are subject to an <u>after school</u> detention and replacement fee.

\$5 ID REPLACEMENT for lost/broken IDs

3 times without ID = detention 6 times without ID = automatic \$5 ID replacement & Saturday School

If you are caught not wearing your badge in school 6 or more times, another badge will automatically be printed, and a \$5 fee will be placed on your student account to be paid. (EVEN IF YOU ALREADY HAVE A BADGE)

**Students who are insubordinate or persistently disobedient are subject to further school consequences.



BROUGHT TO YOU BY

AVID

Lunch Deliveries : REMINDER



Food Deliveries: Food that is delivered by a service such as Door Dash or Grub Hub will not be permitted at Eppler. due to school safety concerns and the disruption to the school day, we cannot accommodate such deliveries. we ask that all students bring their own lunch or buy a lunch from the cafeteria. If a student forgets their lunch, they may borrow against their lunch account in the cafeteria, or a parent may drop off a lunch for their

student. However, if the food dropped off is from a restaurant, the student will be asked to eat it in the Main Office during their lunch hour. Coffee, smoothies, and outside breakfast brought in the school in the morning must be consumed before going into first hour. This is the practice that takes place at the high school level and Eppler is aligning with Utica High in order to provide consistent expectations for our students. If you would like to apply for the free or reduced lunch program, or to establish a lunch account for your child, please click here.

Thank you for your understanding and we appreciate your support.

Dress Code Rules - REMINDER

Dress code:

Please address the following dress code items with your child:

- Hoods/hats are not to be worn in the building.
- Clothing must not show bare mid-drifts, shoulders, cut too low or any derogatory or drug/alcohol messages.

Student Drop-off after 7:55

Parents, please be aware that there is often no need to come into the building when you are dropping off your child at school if they are late or after an appointment. The only reasons we will require you to come into the building are if you are picking up your child, for which you will need ID, or if you are dropping off anything for your child, which we ask that you label for their pick-up. Other than that, please feel free to stay in your warm and dry vehicle (on cold and rainy days) and enjoy whatever you may be listening to from your playlist! Thank you!!

Parent Student Handbooks

Please use the following link to access the Parent and Student Handbooks for the 2025-2026 school year.

UCS Handbook

Lost and Found

Please stop in the Counseling Hallway to check out the selection of Lost and Found items.

All unclaimed items will be donated to a local re-sale shop on December 19th.



School Safety

Safety remains a priority for our school. Eppler Junior High School is once again providing training to our students and staff on our safety protocols. The protocols identify actions that students may be asked to take in the event of a potential incident: hold, secure, lockdown, evacuate and shelter.

The protocols will continue to be part of the training while practicing our regular school safety drills, such as fire drills, security drills, tornado drills, evacuation procedures, etc.)

The video is available for you to review at this link: <u>UCS School Safety: Standard Response Protocol – Junior High - YouTube If you have any questions, please contact our office.</u>



Early Dismissal Procedures

We have a new process for early dismissals. When you arrive at Eppler please ring the bell at our Main Office door, let us know your student's name, show your id to the camera and we will let you in to our vestibule. With your cell phone please scan the QR code on the red "Scan For Early Dismissal" poster on the wall, type in the information requested, and we will call your student down to leave with you.

STUDENTS: You must come through the front office to exit the school.

How to Report an Absence

- When a student is going to be absent, parents/guardians should report the absence before the school day begins. Calls to the attendance line can be made 24 hours a day, seven days a week. The Shelby Attendance Line is **586-797-2799**. Absences will be input to PowerSchool by 4:00 pm on the date of the absence.
- Per UCS policy, the following reasons for an absence will be accepted as an excused absence; student illness, hospitalization, doctor ordered bed rest, mandatory court appearance, death in the immediate family, family vacation, medical appointments and administrative permission. **All other absences will be unexcused.**

Calling All Shoppers!

Eppler has a reward program at Kroger. All you have to do is shop, swipe your card, and Eppler gets cash back! The Kroger Community Rewards program makes fundraising easy by donating based on the shopping you do every day. Once you link your Card all you have to do is shop at Kroger and swipe your Shopper's Card. Here's how:



- Go to www.krogercommunityrewards.com
- Click Sign in the upper right-hand corner
- Put the email address and password used to enroll your card
- Go to "Savings & Rewards", then "Kroger Community Rewards", I'm a Customer"
- Enter the group number **EJ598** or search **Eppler Junior High School**
- Click on the organization then click "Enroll"

PowerSchool/Text Messaging Service / Schoology

PowerSchool-Click here to go to the district's PowerSchool website

Parent Portal Access through PowerSchool

PowerSchool is the district's student information system used for scheduling, attendance, grades, and delivery of report cards. Please find more information below on how to create and access your Parent Portal Account.

To login, visit: http://ps.ucs.misd.net/public

Below are useful documents for you to reference and take full advantage of PowerSchool:

Parents: Create a Parent Portal Account

Helpful Tips for our PowerSchool Parent Portal: Click here for info on how to reset your password.

PowerSchool Mobile App:

- 1. Download the PowerSchool Parent App through your device's <u>GooglePlay</u> or <u>Apple App Store</u>.
- 2. Enter the UCS district code: NKDJ (all capitalized)
- 3. When logging in through your mobile app, you will use the same username/password that you use to login through your desktop.

Questions? Contact your home school to help with your PowerSchool questions.

Text Messaging Service

Utica Community Schools Text Messaging Service

Utica Community Schools offers a texting service for parents. The service allows parents to receive important information such as school closings, safety alerts, school reminders and more, directly from their school(s) on a mobile device.

Newly enrolled UCS parents will receive a text message from the district that reads:

"Utica Community Schools messages. Reply Y to confirm, HELP 4 info. Msg&data rates may apply. Msg freq varies. schoolmessenger.com/tm"

To receive the free* text messages, simply reply "Y" or "Yes" to the message.

Even if you have not received a UCS message to join, parents may opt in by texting "Y" or "Yes" to the short code 67587.

Parents may opt out at any time by replying "Stop" to one of the messages.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply.

Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/txt for more info.





Parent Access for Schoology

Parents/Guardians,

Did you know that you can have a parent account for your child's Schoology classes? You can access each of their classes, as well as the counseling department's Schoology page. The counseling page has many resources ranging from support groups and therapy to community resources for help with everyday problems. If you would like access to your child's Schoology account (this is different than PowerSchool), you can contact the main office at 586-797-2900 to request your child's 12-digit-code and instructions.

PARENT ACCESS DIRECTIONS FOR SCHOOLOGY

- 1. Go to www.schoology.com.
- 2. Click Sign Up at the top of the page and choose Parent.
- 3. Enter your Parent Access Code. This is the 12-digit code in xxxx-xxxx format
- 4. To receive the 12-digit code, please contact the Main Office
- 5. Fill out the form with your information.
- 6. Click Register to complete.

When you use a Parent Access Code to create an account, you are automatically associated to your child. You can add additional children to your account using the Add Child button.

If your Parent Access Code does not allow you to register, or if the code does not have 12 digits, please contact techsupport@uticak12.org.

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Eppler & Utica Athletics

UHS Athletic Event Policy

Utica Athletic Event Admissions Policy

- All students (home and visitor) must present a school ID for entrance to the game.
- Only students from the competing schools shall be admitted without adult supervision.
- All junior high / middle school students must present a school ID AND be supervised by an adult. The adult must attend the event with the student and may not leave the student unsupervised.
- Tickets are available for presale on GoFan. Tickets may also be purchased at the gate using a credit card or cash.
- All senior citizens (62+) and children under 12 (with an adult) are admitted free of charge.
- All patrons must remain in the stands or concourse area. Only team and athletic department personnel are allowed on the sidelines.

Eppler Athletic Event Policy

All students **MUST** present a school ID for entrance to the event and will only be admitted with adult supervision. The adult **MUST** attend the event with the student and may not leave the student unsupervised.

Between the end of the school day and the start of the event, any student attending the event **MUST** either wait outside or in the gym.

COME JOIN OUR TEAM! EPPLER JUNIOR HIGH COMPETITIVE CHEER 2025 - 2026

<u> Parent Meeting -</u>

Where - Media Center Where - Main Gym

<u>Tryouts -</u>

Date - October 22nd Date - November 11th

Time - 5:00 PM Time - 2:45 - 5:00 PM





SCAN THE QR CODE & REGISTAR FOR TRYOUTS!

7/8 Football

7th & 8th GRADE FOOTBALL

2025

Game Times: 1st game @ 3:30 pm, 2nd game to follow

Tuesd	lay,	Sep	tem	<u>ber</u>	16
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Malow @ Fraser Shelby @ Bemis

New Haven @ Eppler (8th Grade game only @ 3:30pm) Jeannette @ Davis

Tuesday, September 23

7th Grade Only vs L'Anse Creuse S.@ Bemis Jr. High 3:30 pm (7th Grade ONLY)

Tuesday, September 30

8th Grade ONLY vs Anchor Bay South (@ Anchor Bay South) 4:30 start

Tuesday, October 7

Iroquois @ Malow Shelby @ Romeo Bemis @ L'Anse Creuse North

Eppler @ Jeannette Algonquin @ Davis Tuesday, October 14
Romeo @ Malow
Seneca @ Shelby
L. Creuse Central @ Bemis

L. Creuse South @ Eppler Davis @ New Haven (8th Grade only @ 3:30pm)

Davis @ Jeannette (7th Grade only @ 3:30pm)

Tuesday, October 21
Malow @ Shelby
Bemis @ Wyandot
Algonquin @ Eppler
Jeannette @ L. Creuse South

Bye - Davis

Tuesday, October 28

Eppler @ Davis Jeannette @ Anchor Bay W Bye – Malow, Shelby, Bemis **All games listed @ Eppler will be played at Henry Ford II HS.

7/8 Volleyball

7th & 8th Grade Volleyball Fall - 2025

Game Time: 4:00 - 1st game, 2nd to follow

September 22 – October 6: 8th grade game followed by the 7th grade game October 8 – October 22: 7th grade game followed by the 8th grade game October 27 & 29 games TBD

Monday, September 22

Jeannette @ Shelby Malow @ Bemis Eppler @ Davis

Wednesday, September 24

Bemis @ Jeannette Eppler @ Malow Davis @ Shelby

Monday, September 29

Shelby @ Malow Eppler @ Bemis Davis @ Jeannette

Wednesday, October 1

Bemis @ Davis Shelby @ Eppler Malow @ Jeannette

Monday, October 6

Jeannette @ Eppler Bemis @ Shelby Malow @ Davis

Wednesday, October 8

Shelby @ Jeannette Davis @ Eppler Bemis @ Malow

Monday, October 13

Jeannette @ Bemis Malow @ Eppler Shelby @ Davis

Wednesday, October 15

Malow @ Shelby Bemis @ Eppler Jeannette @ Davis

Monday, October 20

Davis @ Bemis Eppler @ Shelby@ Eppler Jeannette @ Malow

Thursday, October 23 Wednesday, October 22

Eppler @ Jeannette Shelby @ Bemis Davis @ Malow

Monday, October 27

Schedule TBD

Wednesday, October 29

Schedule TBD

7th Grade Boys' Basketball 2025-2026

Coach: Rory Leidecker

Email: rory.leidecker@uticak12.org































Important Information:

- Try-outs begin on Monday, November 10th from 2:55-4:45pm in the main gym. Tryouts will finish on Tuesday, November 11th from 4:45-6:45 in the main gym.
- A first round of cuts will be made at the end of Monday's try out. The final team will be chosen on Tuesday at the end of tryouts. Boys cut on Monday do not attend Tuesday's tryout.
- Tryouts are for participants and the coach only. No parents in the gym, also no
 parents in the gym during team practices all season. For tryouts, please wait in your car,
 as I will be talking to participants in the hallway at the end of each day.
- The team will practice from 2:45-4:15 on Wednesday the 12th, and at that time I will
 hand out a schedule of practice times and games for the rest of the season. We will
 start games in early December and finish the season at the end of January. Plan on
 practice or game every school day until the end of the season.
- Team members are expected to be at every game and practice unless too ill to attend school. Missing or leaving early for another activity will seriously affect playing time in games.
- Regardless of how many boys try out, Eppler will have only one 7th boys team.
- The basketball schedule has us playing only UCS junior highs, each one twice (10 games) and then two more matchups based on team records after the first 10 games.
- A bus will transport the team to away games, but parents must provide a ride home from all games and practices.
- Boys MUST have a current physical form on file in the school office to try out.
 Anyone without a physical will be turned away until the office receives the form.
 There will not be late try-outs for boys showing up with a physical after the team has been selected. If you played football you should already have a physical on file that is good for your whole 7th grade year.
- Bring a bag of practice <u>clothes, or</u> wear clothing appropriate for basketball try-outs.
 Locks will be issued to those who make the team after try-outs conclude. You may keep your belongings in the main gym during tryouts if you don't have a lock.
- Bring a filled water bottle as there will be breaks scheduled into try-outs/practices for hydration.
- In addition to observing your basketball-related skills, the coach will be checking your
 grades, citizenship, and behavior (from the perspective of your teachers) to determine
 who makes the team. If you are a risk to be suspended or ineligible, your skills won't
 be available to help the team.















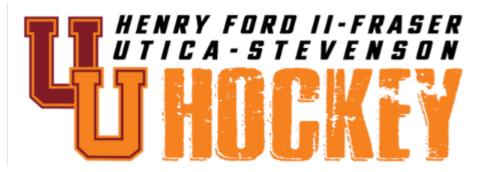












Open Skate & Tryouts for Utica, Fraser, Stevenson, and Henry Ford II High School Hockey

Dear Prospective Players and Families,

We're excited to invite all interested hockey players (grades9-12) from Utica, Fraser, Stevenson, and Henry Ford II High Schools to join us for open skate sessions and upcoming tryouts for our high school hockey program.

Tryout Dates:

October 28th & 30th
Time: 3:30 and 3:55 PM
Location: Big Boy Ice Arena

Open Skate Sessions: Players are welcome to attend any of our scheduled practice times to get a feel for the program, meet the team, and experience the coaching environment. These sessions are open to all prospective players.

Contact: Tony Carlisi TAC2121@OUTLOOK.COM or HEAD COACH EVAN GIZINSKI - GIZINSKIE@GMAIL.COM

Student Opportunities - Home Hockey Games

We are currently seeking students to support our home hockey games in the following roles:

1. Public Announcer

Assist with in-game announcements including:

- · Team introductions and starting lineups
- · Goals, penalties, and other key updates

No prior experience required; basic knowledge of hockey is preferred.

2. Scorekeeper & Statistician

Support game operations by:

· Tracking scores and player statistics in real time

Ideal for students interested in sports data and event coordination. No experience necessary.

3. Photographer

Capture action shots and team moments during home games to support media coverage and promotional efforts.

A great opportunity for students interested in sports photography and digital media.

Interested students should contact Tony Carlisi Tac2121@outlook.com for more information or to apply.

ILA WRESTLING CLUB



YOUTH WRESTLING

FOR 2ND (7YRS OLD) THROUGH 8TH GRADES

PRACTICE MONDAY AND WEDNESDAY 6:00-7:30

Located at Utica High School

NO EXPERIENCE NEEDED!

Instruction, Drilling, and Situational wrestling will prepare athletes for optional weekend tournaments.

REGISTRATION NIGHT WEDNESDAY, NOVEMBER 5

Short information meeting held in Utica High wrestling room (Door 11) at 6:30p and registration to follow

SEASON FEE \$150 | FIRST PRACTICE CONTACT COACH DAVIS

NOVEMBER 10

UTICAWRESTLING@GMAIL.COM



Utica High School Boys Basketball Tryout Info

Tryout Sign-up: Please use the following Microsoft Forms QR code to sign up if you intend on trying out and Coach Hinkle will send you all the details for tryouts



Prerequisites

- Eligibility (June 2025 final grades and current)
- You must have a valid 2025-26 sports physical on file in Student Central Big Teams (https://studentcentral.bigteams.com/) before tryouts. If the sports physical is not on file, then you will be unable to participate at tryouts and there will not be any make up days. Please make this a priority if you plan to tryout. The completed physical examination forms must be completed on or after April 15, 2025. If you already have this step completed because you played a fall sport, then you are all set. (Freshmen please select Utica High School as where you will be playing and not your Junior High School)

Boys Basketball Tryout Schedule

Freshmen (Grade 9 ONLY)

November 12 th	6:30 pm - 8:30 pm	Main Gym (meet in cafeteria at 6:15 pm)
November 13 th	6:30 pm - 8:30 pm	Main Gym (meet in cafeteria at 6:15 pm)
*November 14th	6:30 pm - 8:30 pm	Main Gym *If needed, coach's discretion

****All athletes will enter Utica High School through Door #5 for tryouts****

Please <u>be on time</u> for all scheduled events. It will be a great indicator of what you are all about!

Please know that these dates and times for tryouts are subject to change based on rulings from the MHSAA and Utica Community Schools

Contact the Varsity Boys Basketball Coach Dave Hinkle if you have any follow-up questions at david.hinkle@uticak12.org







Utica High School

BOWLING TEAM TRYOUTS 2025

Grades 9th thru 12th

Bring your own equipment (i.e. shoes, balls, etc.)

Thursday, November 13th & Friday, November 14th 3:30-5:30 PM

Shelby Lanes 50721 Van Dyke Ave.

Athletes <u>MUST</u> have a physical on file at BIG TEAMS (<u>www.planeths.com</u>) in order to bowl/tryout!!

Any questions, please contact John Mazza at <u>johnmazza@comcast.net</u> or 586-549-1815.

EPPLER JUNIOR HIGH AFTER-SCHOOL HOMEWORK CLUB

At Eppler Junior High School, we want to help your child have a successful school year. The Homework Club will be available on **Tucsdays and Thursdays** from 2:55 PM to 3:55 PM in the Eppler Media Center. Students can use this time to get academic assistance, complete assignments, work on projects, and/or study for tests. A few high school tutors are usually available. Students can ask the teacher in charge if there are tutors available that day.

Each student should bring all necessary materials and books to the media center by 2:55 PM. <u>Please be</u> advised that if a student comes to Homework Club with nothing to work on, he/she will not be admitted to Homework Club that day. All students will be expected to remain in the Media Center until 3:55 PM. Students will need to sign in each day that they participate. Students need to arrange for their own transportation home. Supervision will not be available after 4:00 PM.

If you would like your child to be able to attend Homework Club, please complete the bottom portion of this form and have your child bring it with him/her the first time they attend Homework Club (only one slip is needed, and the student may come as often as they like for the school year). Phone calls and other notes will not be accepted in place of this signed permission slip.

If you have any questions regarding Homework Club, please contact your child's school counselor (Last names A-K: April.Raupp@uticak12.org / Last names L-Z: Autumn.Blanchard@uticak12.org).





My child, (please print)	, grade	, has my	permission to
participate in Homework Club. I under	stand that it is my responsibility to	provide trai	nsportation for
my child at the end of the session. My o	hild understands that it is his/her	responsibili	ity to arrive on
time, to bring all necessary materials to	o the Media Center, and to be pre	pared to wor	rk. My child
also understands that Eppler Junior Hig	h school rules apply and will be en	forced. Mish	ehavior can
lead to dismissal from being a participa want to verify my student's attendance,		_	ı, and if I ever
Parent/Guardian Signature:		Date:	
Student Signature:			

Student Council

- Student Council Meeting Dates (subject to change)
- ♦ Meetings will be held in the Media Center at 7:00 am.
- ♦ Bring your Stu Co folder, pencil/pen.
- ♦ Meetings are MANDATORY. If you can not attend, let Mrs. Raupp or Mrs. Grammatico know you will be absent PRIOR to the meeting.

Tuesday, 11/11 Tuesday, 01/27 Tuesday, 03/24 Tuesday, 05/05

Tuesday 12/02 Tuesday 02/24 Tuesday 04/07 Tuesday 05/19

Tuesday 01/13 Tuesday 03/10 Tuesday 04/21



Magic: The Gathering



Do you enjoy building an army of massive dragons? Or maybe you prefer to outwit your opponent with a sneaky swarm of tiny goblins? Then you might be a Magic: The Gathering player!

Come find your play style at the first meeting of Eppler's Magic The Gathering club on Thursday, October 9th in Room 126, from 2:50 – 3:45 PM, then every Thursday after school. Even if you've never cast a spell before, we'll teach you everything you need to know. See you at the table!

S.T.A.T.I.C.



Come together in faith, friendship, and fun!

ROOM 136 2:55-3:45PM

- November 13
- December 11
- January 22
- February 26
- March 19
- April 23
- May 28



More Information

Mrs. Blanchard, Counselor Autumn.Blanchard@UticaK12.org

Eppler Chess Club



The Eppler Elephants will be stomping the competition again this year!! Coach Marwan and Coach Alex are holding the first Chess Club meeting 09/15/25 from 2:50—3:50 pm, Room 19.

Stop by room 19 to get your permission slip today.

Eppler Parent Involvement Committee (EPIC)

The following is a list of dates and times of the Eppler Parent Involvement Committee (EPIC) meeting throughout the school year. All parents are invited and welcome to attend. All meetings will be held in the Media Center from 9:00—10:00 am. We look forward to seeing you there

Tuesday, September 23 Wednesday, February 25

Tuesday, October 21 Thursday, March 19

Tuesday, November 11 Tuesday, April 21

Wednesday, December 10 Tuesday, May 19

Wednesday, January 21

9th Grade NJHS Members

MANDATORY MEETINGS: Meetings are from 2:55–3:25 pm (may end earlier) Please make sure you have a ride or plan to get home. If you are unable to attend, please let Mr. Hornibrook in Room 132 or Mrs. Byron in room 19.

Wednesday, September 10 Wednesday, February 11

Wednesday, October 8 Wednesday, March 11

Wednesday, November 12 Wednesday, April 8

Wednesday, December 10 Tuesday, May 13

Wednesday, January 14

ESAB



Meetings will be from 3:00-4:00 pm, Room 136

Thursday, October 9 Tuesday, December 9 Tuesday, February 10 Tuesday, April 7



FTC Robotics

Have you heard of FIRST? Maybe Lego Robotics? Have you wanted to participate in the past but didn't know how to get started? Here is your chance to be a part of the 2025 season. At the junior high school level, the robotics program is First Tech Challenge (FTC). We have had FTC Robotics teams at Eppler previously and would like to rekindle the flame and establish a new team.

Parents, please register your interested child by scanning the accompanying QR code and completing the registration survey. Please know that teams are not just out there to be joined; they must be built by people like you. We can help with robots, tips and even a support hub to practice with mentors. We need coaches like you to support, encourage and organize. The students will do the rest. No engineering or computer science degrees are necessary.

Scan the QR code for info.







Utica eSports



The UCS Legacy of Learning Pursue Excellence

Live Your Passion

Be Where You Belong



Building Configurations

Questions & Answers

What is being considered?

Currently, Utica Community Schools grade configurations are elementary schools that include early childhood, kindergarten and young fives through 6th grade, junior high schools 7th through 9th grade, and 10th through 12th grade being taught at our high schools. The only exception is Henry Ford II High School covering 9th through 12th grade and Bemis Junior High School teaching 7th and 8th grade.

The district is initiating a process that will consider elementary schools with early childhood, kindergarten and young fives through 5th grade, middle schools with 6th through 8th grade, and high schools 9th through 12th grade.

Why is a change being considered?

The current grade configurations were originally created based on the district's capacity to meet its enrollment needs. With changes to its enrollment, Utica Community Schools now has the overall capacity to consider a change.

There are a number of compelling reasons why this is the right time to consider changing grade configurations:

- UCS and Michigan curriculum and assessment standards are organized in a K-5, 6-8, and 9-12 format. This change would better align our schools to successfully meet those expectations.
- We can increase the rigor and course offerings to 6th and 9th grade students and their access to co-curricular activities by changing grade configurations.
- We would have an opportunity to reimagine how a middle school experience can support the unique needs of students in 6th through 8th grade and support a successful transition to high school in the 9th grade.
- The timing is consistent with the current work of our Enrollment Distribution Advisory Committee (EDAC), which is engaged in long-range planning and review of our attendance areas.

Building Configurations Q & A

What is the process being used to consider this change?

The district will be supported by Hanover Research, which also served as a resource for the development of the UCS Empowered Strategic Plan. The process will include consideration of best practices and research, current UCS building utilization, the academic and mental health needs of students, and timeline.

How would a change impact capacity and class sizes?

The district's Enrollment Distribution Advisory Committee (EDAC) is currently involved in a districtwide review of attendance areas. Through this process, the capacity levels of schools would be identified for all levels for a possible grade configuration change. The process will include recent and projected student population declines and their impact on future enrollment at each school.

For our high schools, the additional grade would mean a return to the enrollment that they had about 15 years ago prior to the declines in student enrollment. At the junior high level, all schools would maintain a similar enrollment with the exception of Bemis Junior High which would inherit a third grade level, a change that UCS would need to investigate further. Class sizes would not change; the adjustment would be to the amount of classes being run at any one time in a building.

What is the timeline for implementation?

The timeline will be determined as this process moves forward. Given the amount of planning that would be required for a possible change, implementation would not occur at least until the 2027–28 school year. It is possible to go beyond that date based on the level of planning involved for a successful transition.

How will the mental health needs of students be considered?

Utica Community Schools is committed to meeting the needs of the whole child. Through the Culture of Caring in our UCS Empowered Strategic Plan, resources are made available to support the safety and security, social, emotional and nutritional needs of students. A consideration of building changes will prioritize the resources, research and structures that would support a successful transition for students.

This includes proactive outreach to families, student engagement opportunities, and a continued focus on creating school environments that address unique developmental and emotional needs.

Where can I get more information?

Updates will be posted regularly at this site: www.uticak12.org/buildingforthefuture.





DIGITAL CITIZENSHIP WEEK

UCS Students in grades 7-12 are teaming up to become thoughtful, empowered digital citizens — TOGETHER!

Monday, October 20th

TEAM UP FOR DIG CITE

Healthy choices—online and offline-can shape how we feel and how we see the world. Too much time on secial media, gaming, er streaming can impact our mood and energy. Today. we're teaming up for digital citizenship by supporting each other in finding balance, staying active, and making mindful choices with our tech. Weer your feverite sports sear to show you're part of the team that supports smort digital habits!

BE INFORMED

There's a lot of false info out there! Level up your critical thinking game. Whether you're using AI tools or browsing social media, it's important to evaluate the accuracy, perspective and validity of what you see and share. Wear seon colors to symbolize highlighting important information and shining a light on truth.



MEDIA BALANCE WEDNESDAY

Hooreyll No acheol todayll Be mindful of your time value todayl Promote acrees-time balance, unplugging and being present in the moment.



OK

Cancel



INTEGRITY INFLUENCE DAY

How can you use your digital von. to lead, inspire and advocate for good and supporting others.

Wear the color that best fits you.

- Blue Represents trust, responsibility and calm leadership. White - Stands for honesty, transparency and integrity.
- Purple Symbolizes wisdom, creativity and empowerment.





FUTURE READY FRIDAY

Did you know your online actions can affect future opportunities? Wear school colors or college-career gear to celebrate the importance of building a positive digital footprint and showcasing your best self when online.



E) G Search













D 143 like:

MISD NEWS			
Upcoming information to follow.			

What students and parents are saying.

"The counselor was wonderful...very interested in helping to place my son where he should be. Thanks!!"

"The yelling has stopped and the talking has started."

"CARE is very responsive to the needs of the clients and I think it is a very good agency. I would one day like to work for CARE."

Resources

Macomb County Crisis Center: 586-948-0222

National Suicide Prevention LIFELINE: 800-273-TALK (8255)

Alateen/Alanon Family Groups:

Affirmations (L.G.B.T.Q.): 248-398-7105

Family Youth Interventions/Youth Shelter: 586-465-1212

Polson Control Center:

Macomb County Office of Substance Abuse (MCOSA): 586-469-5278

Substance Abuse Prevention websites

www.mcosa.net www.abovetheinfluence.com www.thetruth.com www.drugabuse.gov

care

OF SOUTHEASTERN MICHIGAN

Main Office 31900 Utica Road Fraser, Michigan 48026

586.541.CARE (2273) www.careofsem.com



SCAN HERE TO KNOW MORE ABOUT US

Our mission is to strengthen realisency in people and their communities through prevention, education, and services that improve the quality of life. Since 1977, CARE of Southeastern Michigan has been a leader in substance use prevention and recovery services in Macomb County. An accredited and awardwinning behavioral health nonprofit rooted in the community, CARE provides real-life solutions from early childhood to adulthood so we can live healthier live.

> CARE of Southeastern Michigan is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County school districts state, federal and other private dollars.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026, (588) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.



STUDENT

ASSISTANCE



CARE invests in youth by working with the community, school personnel and parents to promote the healthy development and education of young people.





CARE's Student Assistance

- Does your child/student have difficulties at school or in other social settings?
- Have you noticed a change in your child's/student's behaviors and/or attitudes?
- Are you concerned that your child/ student may be using alcohol or other drugs?

CARE of Southeastern Michigan understands the struggles that families are facing today. Despite all efforts, when a family is in crisis because of substance use or social and emotional health concerns, there is a greater likelihood that a young person will experience difficulties. Student Assistance offers students and their families guidance and support.

Student Assistance Clinicians specialize in at risk issues such as substance abuse and mental health problems. A qualified Clinician will conduct initial screenings and assessments to determine the extent of a student's problems and provide resources to best help the student and their family. Students and families will receive assistance in gaining access to the most appropriate service for their great forecom.

Youth and Family Programs

Visit www.careofsem.com for locations, times and dates for all programs.

Peaceful Alternatives to Tough Situations (PATTS):

An educational series to help youth deal with their emotions in appropriate ways by understanding their own resources and developing their own plan of action with skills that really work!

Teen Intervene:

Prover or urugs and accord is a series designed to provide education, support and guidance to teens that have experienced mild to moderate use of alcohol or other drugs. This program also offers parents and guardians the opportunity to learn healthy communication skill and the importance of establishing family rules regarding alcohol or other drug use.

Parent Education Classes:

A series for parents to discuss ways to understand behavior, build self-esteem, increase cooperation and provide discipline that teaches personal responsibility, Groups include early childhood (ages 0-5), school age (ages 6-12) and teens (ages 13-18). A book for the appropriate age orgunis resultations.



INDEPTH:

NDEPTH is the American Lung Association's Intervention for Nicotine Dependence. Education, Prevention, Tobacco and Health program. A forward-thinking alternative to suspension or citation for tobacco use, including e-cigarettes. NDEPTH addresses the ten vaping epidemic in a more supportive way. En vaping epidemic in a more supportive way interactive program teaches students about nicotine dependence, establishing healthy afternatives and making the change to be free of all tobacco products, including e-cigarettes. NDEPTH is led by a trained. CARE facilitator either one-on-one or in a group setting.

Camp CARE:

This program is offered for children/families who have been impacted by alcohol and other drugs by a loved one. Through small group discussions, children, youth and teens learn: You are oalone, identify and process feelings, how to be safe, celebrate themselves, how to handle peer pressure, conflict resolution, making healthy choices, and life skill building.

Teens Talking Truth:

1° participates in social events, community service opportunities, and workshops that address the challenges of loday's youth, with a primary focus on alcohol, tobacco and other drug prevention and a healthy teen lifestyle. 1° also works to get rid of the myth that, all teens require drugs or alcohol to have fun!



Care Solace

If you or a family member are looking for help with mental health or substance use, Care Solace can help you quickly find treatment options matched to your needs regardless of the circumstance. Care Solace is a complimentary and confidential service provided to students, staff, and their families by Utica Community Schools.

The Care Solace team is available 24/7/365 and can support you in any language.

If you would like to use Care Solace to help you find a provider:

- Call 888-515-0595 (available 24/7/365)
- Search on your own OR click "Book Appointment" for assistance by video chat, email, or phone via caresolace.com/Utica.

Disclaimer:

Information on individual treatment providers was gathered by Care Solace based on criteria such as geographic proximity, whether the provider accepts the authorized user's insurance, and whether the provider is accepting new patients. The school district does not recommend, endorse, promote, or refer to any of the individual treatment providers.

UCS Wellness

Utica Community Schools works to support the physical, mental and social-emotional development of all students. Our wellness pages contain a variety of resources for students, teachers, staff, parents and community members. Check out the UCS Virtual Calming Room, Wellness Podcast and Monday Moments, and more at: www.uticak12.org/UCS Wellness



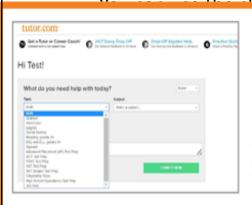


FREE Online Tutoring

Do you need one-on-one help with your homework?

To access the free tutoring:

- On your ClassLink dashboard, select **Virtual Library Card Tutor.com** (the orange icon with the letter "t" on it).
 - You will need your PowerSchool number to log in. You can email your counselor to ask for your PowerSchool number (Marla.Ostrom@UticaK12.org or Autumn.Blanchard@UticaK12.org). To log in:
 - Barcode: ucs######### (ucs followed by PowerSchool number)
 - Your password is your 2-digit birth month and 2-digit birth day (example 0408 for April 8)
 - Choose GET A TUTOR NOW. If you want a short tutorial on how the site works, you can select Take the tour.



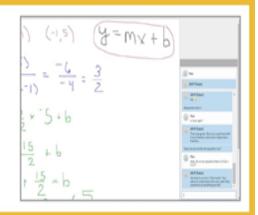
CONNECT WITH A TUTOR

Connect to a tutor quickly and easily. Select your topic, subject and grade level. Then, to get the best tutor for your problem, type out your question and, if you have a file or picture, attach it to your request.

02

CHAT WITH YOUR TUTOR

Use our online classroom to chat with your tutor and share your work on the whiteboard. You and the tutor can draw, type, paste images and use graph paper on the interactive whiteboard.



03

UCS Food Service

UCS Food and Nutrition

- UCS is continuing the free school meals program through the early fall of 2025 while the State of Michigan works to adopt a budget by the September 30th deadline.
- All UCS families are asked to complete the *Education Benefits form* **Here** enter "Utica Community Schools" and follow the prompts. These forms help maintain our Title 1 funding as well as other essential funding for our schools. It can also help reduce fees for pay-to-play sports, lower internet costs, reduced AP/college application fees and more!

More information regarding your student's cafeteria account can be found by clicking HERE.

UCS Food and Nutrition

UCS Meals Are Nutritious And Delicious!

- UCS cafeterias offer a wide variety of different food choices to meet your student's needs
- We serve the same <u>brand named</u> products, like Tyson, Land-O-Lakes and Jennie-O, that you do you in your homes
- Meals follow federal guidelines for nutrition
- Meals include a variety of fresh fruit, vegetables, whole grains, low fat meat and dairy as well as low fat and fat free milk
- To qualify for free and reduced meals students must take at least 1/2 cup fruit or vegetable with a meal.
- Breakfast meals include up to 2 grains, up to 2 fruits and a milk. Must take at least 1/2 cup fruit or vegetable with 2 more items to qualify.
- Lunch meals include a grain, meat/meat alternate, vegetable, fruit & milk. Must take 3 out of 5 with one being 1/2 cup fruit or vegetable to qualify.
- We watch our saturated fat and sodium levels to help support our student's health needs
- Visit the Healthy Meals at School page to learn more about meal requirements

Menus can still be found online at https://uticak12.nutrislice.com

In Case You Missed It

7th Grade Mixer



MS. SHAKESPEARES' FIELDTRIP LEGASEA AOUADUM



























MS. ABBOTT'S SCIENTISTS NAILED THE PRINGLE RING
CHALLENGE!

MS. ABBOTT'S 7TH AND 8TH GRADE SCIENTISTS CRUNCHED THE NUMBERS - AND THE CHIPS - IN THE PRINGLE RING CHALLENGE! USING ONLY PRINGLES. TEAMWORK, AND LOTS OF PATIENCE, STUDENTS WORKED TOGETHER TO BUILD GRAVITY-DEFYING RINGS. IT WAS ALL ABOUT ENGINEERING. PERSISTENCE, AND COLLABORATION. SCIENTISTS DISCOVERED HOW ESTIMATION, BALANCE, FRICTION, AND STRUCTURAL DESIGN COME INTO PLAY WHEN TRYING TO STACK PRINGLES INTO A COMPLETE RING. THERE WERE PLENTY OF GIGGLES. CREATIVE THINKING A FEW "CHIP-TASTROPHES," AND BIG CELEBRATIONS WHEN THE RINGS FINALLY STOOD TALL. THE PRIDE ON THEIR FACES WAS PRICELESS - SCIENCE HAS NEVER BEEN SO SNACKTACULAR! A BIG "THANK YOU" TO ALL THE PARENTS WHO SENT IN PRINGLES AND MADE THIS FUN, HANDS-ON ACTIVITY POSSIBLE.













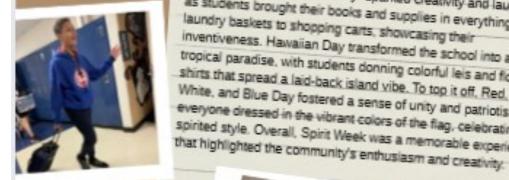








Spirit Week was an absolute blast, filled with a variety of exciting and creative activities that brought everyone together. The highlight for many was the visit from the ice cream truck, offering a sweet treat that added a delightful twist to the festivities. "Anything But a Backpack Day" sparked creativity and laughter, as students brought their books and supplies in everything from laundry baskets to shopping carts, showcasing their inventiveness. Hawaiian Day transformed the school into a tropical paradise, with students donning colorful leis and floral shirts that spread a laid-back island vibe. To top it off, Red. White, and Blue Day fostered a sense of unity and patriotism as everyone dressed in the vibrant colors of the flag, celebrating in spirited style. Overall, Spirit Week was a memorable experience











This year, Eppler Junior High is proud to recognize **Childhood Cancer Awareness Week**, **September 22-26**, a time to honor children and families who face the difficult journey of pediatric cancer.

Our very own **Aaron and Cadence Eiberger** will serve as student ambassadors for this important week. Childhood cancer awareness is very close to their hearts, as their younger brother Beckett was diagnosed with ATRT, a rare and aggressive brain cancer, just after his third birthday. Beckett endured 2 brain surgeries, 30 rounds of radiation, and 5 months of chemotherapy at St. Jude Children's Research Hospital. Through it all, he showed incredible strength, courage, and resilience – and today, he continues to inspire those around him.

For Aaron and Cadence, this journey has been life changing. Siblings of children with cancer often carry unseen burdens – worrying if their brother or sister will be here in the weeks and months ahead, taking on added responsibilities at home, and navigating the emotional strain that comes with uncertainty. It's a reminder that cancer affects the whole family, not just the child in treatment. By highlighting their role as ambassadors this week, we honor not only Beckett's fight but also the strength and resilience of his siblings.

As a family, the Eiberger/Fowler household has turned their experience into advocacy, creating the nonprofit, **Wreck-it Like Beckett**, which provides support and hope to families walking through childhood cancer. By sharing their story, Aaron and Cadence remind us all of the importance of awareness, compassion, and coming together as a community.

As a school community, we invite everyone to participate, learn, and stand united in awareness. By going gold and engaging in these themes, we might shine a light on the reality of childhood cancer, support those impacted, and remind families that they are not alone.

Childhood Cancer Awareness



Eppler Junior High School held a spirit week to raise awareness for childhood cancer, led by students Aaron and Cadence Eiberger with support from their mother, Tammie Fowler. The event was inspired by their younger brother, Beckett, who was diagnosed at the age of 3 with ATRT, a rare and aggressive brain cancer.

Students and staff participated in themed days like Pajama Day, Sports Jersey Day and Twin Day to show support. The week highlighted the importance of empathy, awareness and community, reminding everyone that childhood cancer affects the whole family—and that no one fights alone.

Read more: https://bit.ly/4nfKvIU

Chieftain of the Month

Congrats to our September Chieftains of the Month!

Madilyn Backus, Scarlett Dettmer, Charlotte Maurer, Harper Dwyer, Adriana Shaeena, Avline Esho, Kali Dedenbach, Elizabeth Azou, Staphio Mikha, Jeremiah Bajjoki, Tyler Notebroom and Pablo Montanez Rosas



8th Grade Future Focus

UCS 8th grade students were given the opportunity to explore the many different specialty programs their high school has to offer. This hands on experience will help students plan their high school careers.















